

Date: 22.08.2020

From
Presiding officer,
Internal Complaints Committee,

To
The Principal,
Aditya Engineering College (A),
Surampalem.

Respected Sir,

A seminar on "**Girls on Self Defence**" through online for staff and students on 24-08-2020 is planned to arrange. Hence, we request you to give permission to organize the programme for the benefit of the Participants.

The guest speaker will be **B. Aditya, Physical Director, ACET.**

Thanking you sir,

Yours sincerely

N. Subba

[Signature]
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SURAMPALAM

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Aditya Nagar, ADB Road, Surampalem - 533437, Near Kakinada, E.G.Dt., Ph:99498 76662

Date: 22.08.2020

CIRCULAR

Internal Complaints Committee is organizing a seminar on "**Girls on Self Defence**" through online on 24th August, 2020 from 10:00AM – 12:00PM. The resource person, **B. Aditya, Physical Director, ACET** will talk about the basic skills on self defense. Hence, all the interested staff and students are advised to attend the programme and utilize this opportunity.

Online Platform: Microsoft Teams

Timings: 10:00AM – 12:00PM

Cc: All HoD's

All Deans

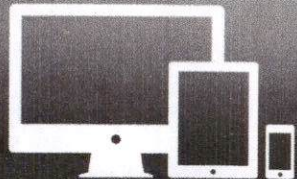
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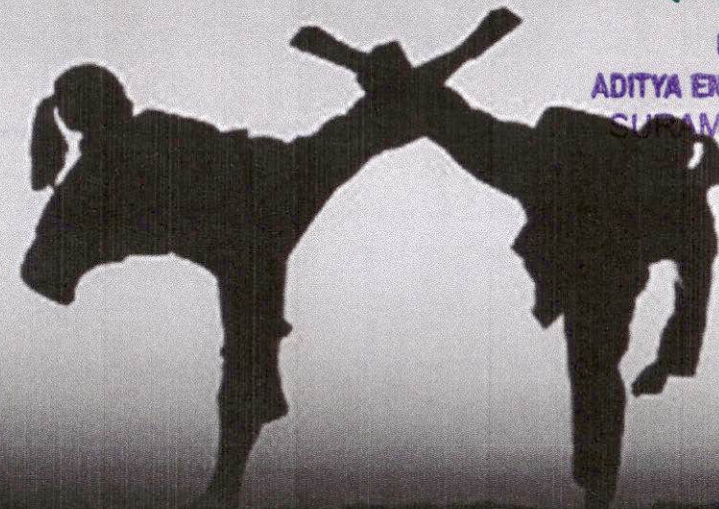
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Online Seminar for
GIRLS ON SELF DEFENSE

Coordinator
Mrs. Kotapalli Lakshmi,
Assoc. Professor, Dept. of CE.



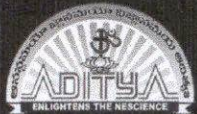
Online Platform
Microsoft Teams



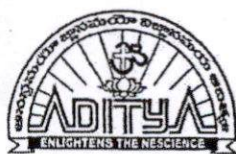
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Date: 24/08/2020

Time: 10:00 AM - 12:00 PM



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Date: 24-08-2020

Seminar for Girls on Self Defence

Attendance Sheet

S.No:	Roll No.	User Action	Timestamp
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2	19A91A0211	Joined	24/8/2020, 10:34:24 AM
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4	19A91A0261	Joined	24/8/2020, 10:30:13 AM
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6	19A91A0407	Joined	24/8/2020, 10:35:31 AM
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9	19A91A0423	Joined	24/8/2020, 10:30:24 AM
10	19A91A0411	Joined	24/8/2020, 10:34:24 AM
11	19A91A0412	Joined	24/8/2020, 10:41:48 AM
12	19A91A0413	Joined	24/8/2020, 10:48:52 AM
13	19A91A0427	Joined	24/8/2020, 10:32:40 AM
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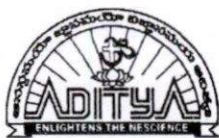
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Coordinator

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Coordinator


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Date: 27 -08-2020

Report of the Seminar for "Girls on Self Defense".

Organizer: Internal Complaints Committee

Event Name: Girls on Self Defense

Introduction to Event: One Day Seminar has been conducted through Microsoft Teams on "Girls on Self Defense" on 24th August 2020, from 10:00AM to 12:00PM by the Internal Complaints Committee to impart knowledge and insights about Self defense techniques and its basic need in difficult situations.

Event Date: 24th August 2020

Mode of Presentation: Online (Microsoft Teams)

No. Of Days: One Day

Coordinators: Mrs. Kotapalli Lakshmi, Assoc. Professor, Dept. of CE

Agenda: Attached

Participants: 60

Resource Person:

B. Aditya, Physical Director, ACET

Profile of Resource Person:

B. Aditya exhibits immense passion towards sports and fitness. He personally imparts competitive knowledge and skill and trains students in Badminton, Table Tennis, Cricket, Basketball disciplines. He also helps students to realize the importance of developing personal fitness toward sports, sportsmanship and Teamwork.

Staffing:

- | | |
|---|--------|
| 1. Mrs. Akhila Nalla, Asst. Prof, Dept. of CSE | Member |
| 2. Mr. D. Rajesh, Junior Asst, Dept of ECE | Member |
| 3. Mrs. G Sandhya Devi, Programmer, Dept of CSE | Member |

Outcomes:

The students have learnt to

- Develop their social skills.

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Staffing:

1. Mrs. G. Swarnalata, Asst. Prof, Dept. of CSE
2. Ms. M. Anusha, Asst. Prof, Dept. of ME

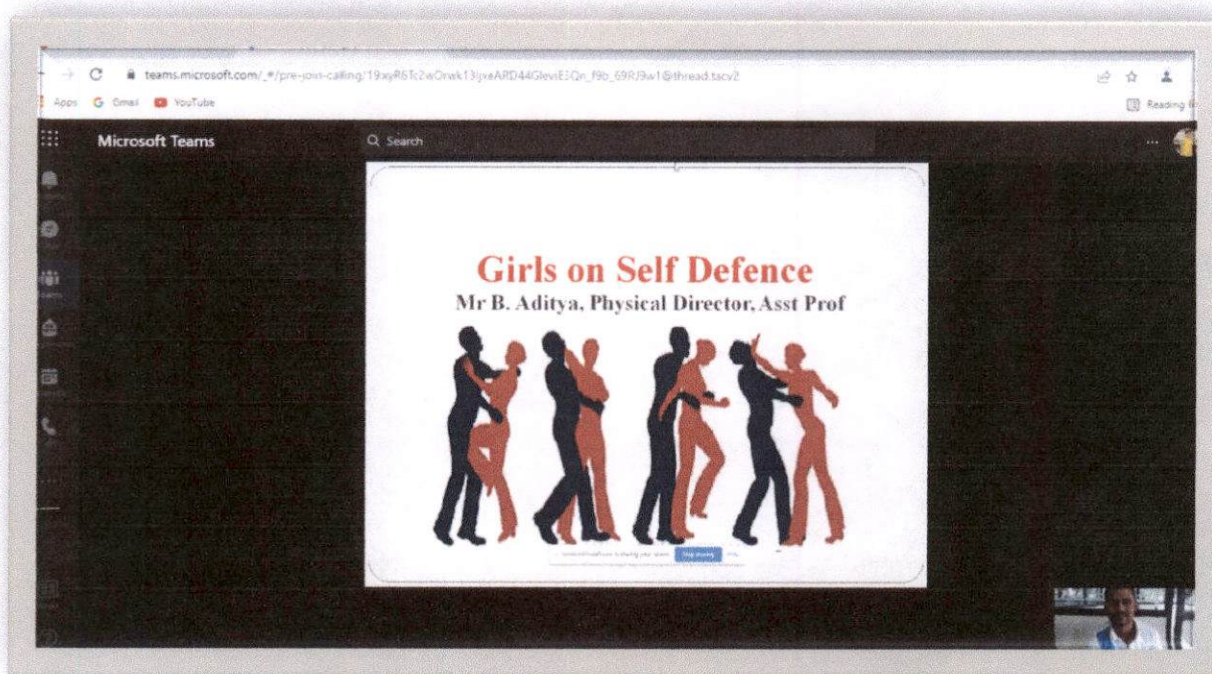
Outcomes:

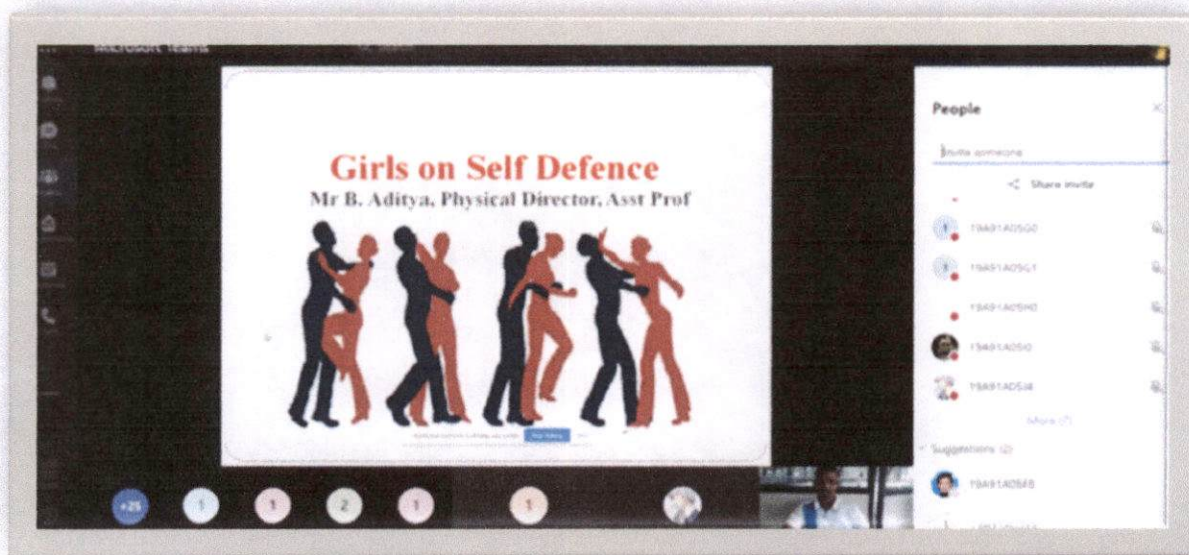
The students have learnt to

- Develop their social skills.
- How to avoid situations and circumstances that may lead to unwanted/untoward incident.
- Need to confidently assess a dangerous situation and navigate effectively

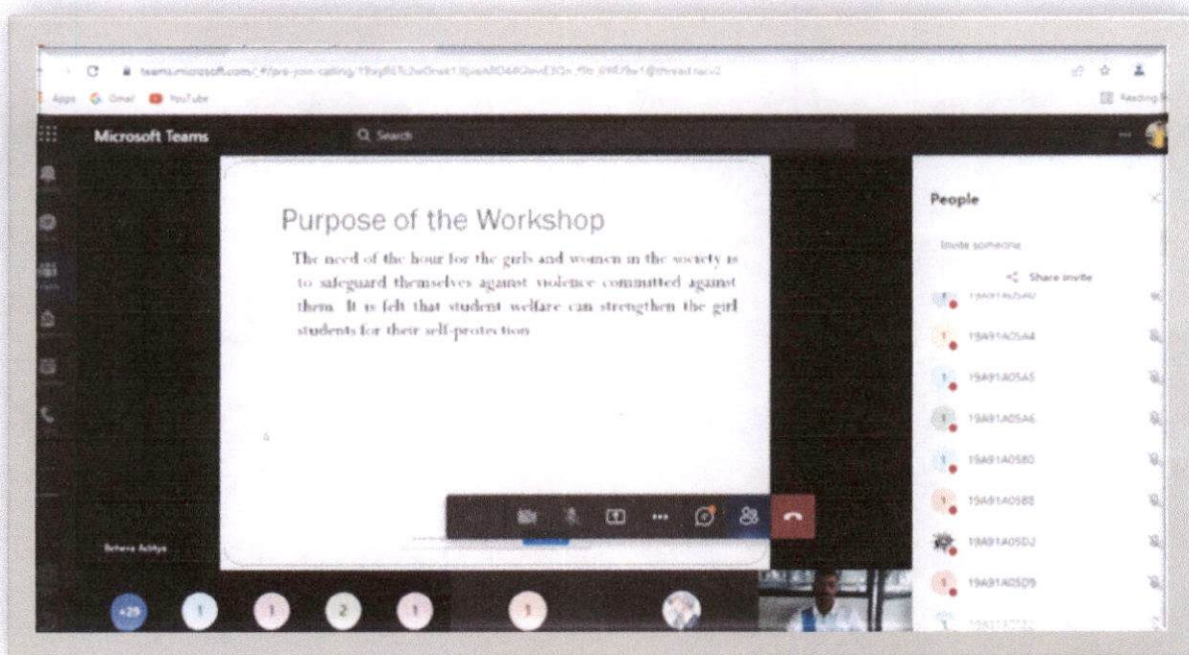
Closing Remarks:

This One Day program has fulfilled its motto in making students to learn to sensitize our girl child/students to self-protect themselves in public places as well as at home. He also pointed out that this is the demand of the hour as we can relate ourselves to the news items of domestic violence, eve-teasing cases and other severe forms of violence against women and children which is pouring in on a day to day basis.

**Inaugural Session**



B Aditya delivered the speech on “Girls on self defence” dated on 24-08-2020



Interactive Session with students

Coordinator